

# STRATEGIES FOR TRAUMA-INFORMED APPROACHES TO IMPROVING RESILIENCE, CERTIFICATE (1781)

## Program Coordinator

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Over the past few decades, clinicians and researchers have become increasingly aware of the effects of trauma on individuals, families, and communities. This growing recognition of exposure to trauma and its deleterious impacts has fueled the movement for strategies to ameliorate traumatic stress reactions. This interdisciplinary certificate program, Strategies for Trauma-informed Approaches Improving Resilience (STAIR), is designed to prepare undergraduate students for their respective professional fields, using research-based practices in trauma recognition, assessment of impact, and skill development to address the needs of those with trauma histories. The STAIR certificate is open to all majors. Courses for the certificate may also meet the requirements for other degree programs.

## Program Requirements (13 hours)

Code	Title	Hours
SWRK 311	Understanding Intergenerational Trauma	3
SWRK 330	Human Behavior in the Social Environment	3
SWRK 438	Understanding Trauma	3
SWRK 455	Integrative Seminar: Strategies for Trauma-Informed Approaches Improving Resilience (STAIR) <sup>1</sup>	1
Select one Elective from the list below		3
CHHS 100	Introduction to Child Welfare	
CRIM 238	Victimology & Victim Advocacy	
CRIM 332	Juvenile Delinquency	
CRIM 361	Race, Class, and Crime	
EDU 385	Climate, Resources, & Society	
FACS 391	Risk and Resilience	
FACS 495	Family and Relationship Violence	
HIST 302	Disability in the United States	
HIST 333	History of Genocide	
HIST 343	Communities of Struggle	
HIST 390	Blacks in the American South	
PH 365	Human Sexuality	
PH 444	Death, Dying and Bereavement	
PH 464	Women's Health	
PSY 355	Issues in Cross-Cultural Psychology	
PSYS 353	Psychology of Prejudice and Stereotyping	
SOCL 362	Social Institutions: Race, Class, and Gender	
SOCL 466	Gender, Family, and Society	

SWRK 300	Diversity and Social Welfare
SWRK 305	Environmental Justice: Theory, Policy, and Practice
SWRK 324	Opioid Epidemic
SWRK 356	Services for Juvenile Offenders and Their Families

**Total Hours** **13**

<sup>1</sup> Students must complete this course with a grade of C or better.