## ATHLETIC COACHING, MINOR (320)

## **Program Coordinator**

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## Program Requirements (21-24 hours)

The minor in Athletic Coaching is designed to develop positive teaching/ coaching skills in athletics and to meet the need for qualified coaches in public/private schools, business settings or community agencies.

The minor requires 21-24 semester hours. Students must maintain a "C" or better in each course in the minor.

| Code   | Title                                      | Hours |
|--|--|-------|
| Required Courses:                                    |  |       |
| PE 211   | Net / Wall and Target Sports               | 3     |
| PE 212   | Striking / Fielding and Invasion<br>Sports | 3     |
| PE 290   | Foundations of Coaching Principles         | 3     |
| PE 291   | Scientific Base/Conditioning               | 3     |
| PE 310   | Kinesiology                                | 3     |
| PE 311   | Exercise Physiology                        | 3     |
| PE 497   | Advanced Principles of Coaching            | 3     |
| Electives - Students may select 1 course from below: |  | 0-3   |
| PE 333   | Coaching of Volleyball                     |       |
| PE 340   | Football Coaching                          |       |
| PE 341   | Basketball Coaching                        |       |
| PE 342   | Track and Field Coaching                   |       |
| PE 343   | Baseball Coaching                          |       |
| Total Hours  |  | 21-24 |