

# CLINICAL AND COMMUNITY BEHAVIORAL HEALTH, MINOR (436)

The Clinical and Community Behavioral Health (CCBH) minor is for those interested in careers in mental and behavioral health such as Clinical, Counseling, and School Psychology; Social Work; and other fields in the human services sector. Those completing this minor will:

- Be better prepared for careers in mental and behavioral health and human services.
- Gain greater awareness of major psychological theories and paradigms of relevance in mental and behavioral health and human services.
- Demonstrate understanding of different mental and behavioral health and human service organizations including roles of professionals, range of services offered, and organizational values.

The CCBH minor can be paired with the Psychology major and is open to any other major in the university.

## Program Requirements (21 hours)

The minor in Clinical and Community Behavioral Health is an interdisciplinary minor that contributes to the preparation of students who are interested in careers in the mental health field and human services sector. The minor requires 21 hours, 12 of which must be from Psychology.

Code	Title	Hours
<b>Required Introductory – Psychology</b>		
Select one of the following:		3
PSY 100	Introduction to Psychology	
PSY 220	Introduction to Lifespan Developmental Psychology	
PSY 250	Adjustment and Personal Growth	
<b>Required Introductory – Related Disciplines</b>		
Select 6 hours in separate fields from the following:		6
CNS 110	Human Relations	
FACS 191	Child Development	
or FACS 297	Family, Community and Early Childhood Program	
SWRK 101	Foundations of Human Services	
GERO 100	Introduction to the Aging Experience	
REC 220	Understanding the Nonprofit Sector	
<b>Required Community Connections</b>		
Select one of the following:		3
PSY 390	Field Experience in Psychology	
PSY 470	Psychology and Law	
PSY 346	Foundations of Clinical and Community Behavioral Health	
SWRK 326	Services for the Older American	
SWRK 356	Services for Juvenile Offenders and Their Families	
SWRK 436	Services to Children	

### Principles of Mental Health

Select 9 hours of the following; at least 6 must be from Psychology:		9
PSY 355	Issues in Cross-Cultural Psychology	
PSY 412	Psychology of Motivation and Emotion	
PSY 422	Adolescent Psychology	
PSY 440	Abnormal Psychology	
PSY 441	Psychological Aspects of Alcoholism	
PSY 442	Beginning Skills in Psychological Interviewing	
PSY 443	Behavior Modification	
PSY 445	Introduction to Clinical and School Psychology	
FACS 311	Family Relations	
FACS 391	Risk and Resilience	
FACS 494	Parenting Strategies	
FACS 495	Family and Relationship Violence	
FACS 496	Addressing Challenging Behavior in Young Children	
GERO 461	Person-Centered Dementia Management	
CNS 432	Helping Skills	

**Total Hours** **21**