

RECREATION (REC)

REC 200 Recreation in Society 3 Hours

Introduces the student to recreation, parks and leisure history, philosophical concepts, and trends with attention to recreation sectors and employment opportunities. **Colonnade/Statewide General Education Code E-SB | SB**

Recent Term(s) Offered: spring 2022; fall 2022; fall 2023; fall 2024

REC 220 Understanding the Nonprofit Sector 3 Hours

Survey of nonprofit organizations emphasizing: history, ethics, personnel and volunteer management, human development, program development, risk management, customer service, and career development.

Recent Term(s) Offered: fall 2022; fall 2023; fall 2024

REC 235 Outdoor Recreation Activities 3 Hours

To acquaint the student with basic outdoor recreation activities and related environmental practices. A variety of outdoor experiences are conducted in classroom and laboratory settings. Environmental values and impact considerations of outdoor experiences are emphasized throughout the course.

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024

REC 302 Recreation Leadership 3 Hours

Leadership in recreation with emphasis placed on history, theory, decision-making, group management, communication and motivation. Course will facilitate leadership experiences.

Recent Term(s) Offered: spring 2022; fall 2022; fall 2023; fall 2024

REC 306 Experience Planning and Evaluation 3 Hours

Methodologies, skills and materials needed for designing, planning, implementing and evaluating meaningful experiences and programs for diverse populations in multiple settings. Includes the application of concepts and theories and an exploration of recreation and experience industry trends.

Recent Term(s) Offered: spring 2022; fall 2022; spring 2023; spring 2024

REC 320 Professional Development in Recreation 3 Hours

Career development, current problems, trends and issues in recreation services.

Prerequisite(s): REC 200

Recent Term(s) Offered: fall 2022; fall 2023

REC 328 Inclusive Recreation 3 Hours

Application of outcome-based recreational experience development, which embraces personal and cultural dimensions of diversity. Emphasis on facilitating programs for individuals who have differing physical and mental abilities, ages, genders, ethnicities, and cultural values.

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024

REC 330 Foundations of Outdoor Recreation 3 Hours

Outdoor recreation programming and resources including relevant history, philosophy, legislation, geographic factors, land use, standards, agencies and economics. **Colonnade/Statewide General Education Code K-SY**

Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024; summer 2024

REC 332 Outdoor Education 3 Hours

Overview of outdoor education concepts including the utilization of natural environments and resources and techniques to facilitate learning experiences. Students are responsible for their own transportation to off-campus meetings.

Recent Term(s) Offered: spring 2022

REC 338 Parks, Recreation, and Quality of Life 3 Hours

An interdisciplinary approach to studying the relationship between access to parks and other natural environments, recreation, and quality of life. Investigates issues of responsibility, conservation, wellness, and social equity in a variety of local and global contexts. Students may be responsible for travel to off-campus locations. **Colonnade/Statewide General Education Code K-LG**

Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: winter 2022; spring 2022; summer 2022; fall 2022; winter 2023; spring 2023; summer 2023; fall 2023; winter 2024; summer 2024; fall 2024

REC 402 Fiscal Practices in Recreation 3 Hours

Financial principles and practices relevant in recreation settings. Topics include economic principles, financial management and organization, income sources, fundraising, pricing and budgeting.

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024

REC 406 Recreation Administration 3 Hours

Recreation administration with emphasis on personnel, planning, facilities, legal issues and public relations.

Recent Term(s) Offered: fall 2022; fall 2023; fall 2024

REC 420 Recreation and Tourism 3 Hours

A focused examination of recreation and tourism with particular attention to business principles, trends, and job opportunities. The relationships between recreation, events, and tourism serves as a key framework.

Colonnade/Statewide General Education Code K-SY

Recent Term(s) Offered: winter 2022; summer 2022; fall 2022; winter 2023; summer 2023; fall 2023; winter 2024; summer 2024; fall 2024

REC 422 Campus Recreation 3 Hours

Campus recreation administration with emphasis on facility management and program delivery formats including recreational sports, fitness, wellness, outdoor adventure and university center programs. Field experience is required.

Recent Term(s) Offered: None

REC 430 Recreation Resource Management 3 Hours

Multi-use natural resource management concepts, issues in resource management and the synthesis of concepts, and practical knowledge into real and simulated applications of land use and environmental problems related to the leisure service industry. Field trips required. Students are responsible for their own transportation to off-campus meetings. University transportation provided when possible.

Recent Term(s) Offered: fall 2023

REC 434 Interpreting America's National Parks 3 Hours

Explores interpretive approaches to natural, cultural, and historical resources in national parks and other leisure settings. Emphasizes evolution of the national park system. Students are responsible for their own transportation to off-campus meetings. **Colonnade/Statewide General Education Code K-SY**

Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: summer 2022; spring 2023; spring 2024; summer 2024; fall 2024

REC 439 Challenge Course Facilitation 3 Hours

Understanding and applying experiential education theory in individual and group settings. Focus is on designing and facilitating safe and effective low and high challenge course experiences that incorporate personal growth, critical reflection, and skills in problem-solving, decision-making, and team building. Recommended industry standards are followed. Field experience required. Students are responsible for their own transportation to off campus meetings.

Restriction(s): Students with a semester level of Academy Junior, Academy Senior, Freshman or Sophomore may **not** enroll.

Recent Term(s) Offered: None

REC 460 Grant Writing for Nonprofit Organizations 3 Hours

Thorough investigation of the grant writing process and the application of related skills. Includes how to research, identify, plan, organize, write and submit grants.

Prerequisite(s): ENG 300 or COMM 200

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024

REC 480 Travel-Based Learning in Recreation and Tourism 1-3 Hours
(repeatable max of 9 hrs)

Experiential exploration of recreation and tourism topics taught in a travel-based learning environment (international or domestic location).

Recent Term(s) Offered: fall 2022; fall 2023; fall 2024

REC 482 Recreation Workshop 1-3 Hours (repeatable max of 9 hrs)

A study of special areas relating to the recreational profession. May be experimental in nature or may follow a traditional class format. Field experiences and/or study at extended campus locations are usually required.

Recent Term(s) Offered: fall 2022

REC 484 Advanced Studies in Recreation 1-3 Hours (repeatable max of 6 hrs)

Specific and detailed analysis of issues in recreation. Incorporates individualized instruction between student and faculty.

Recent Term(s) Offered: spring 2022; spring 2023; spring 2024; fall 2024

REC 490 Internship in Recreation 12 Hours

Experience in recreation planning, leadership, supervision, and program evaluation through work in recreation, park, and other leisure oriented settings. This in-service experience is supervised and controlled by the University faculty members and personnel from area recreation agencies.

Restriction(s): Enrollment is limited to students in Rec, Park Nonprofit Admin (5010)

Recent Term(s) Offered: spring 2022; summer 2022; spring 2023; summer 2023; spring 2024; summer 2024; fall 2024

REC 493 Recreation Practicum 3 Hours (repeatable max of 6 hrs)

Cooperative field experiences in approved recreation settings where students obtain professional administrative and/or programming experience with agency and faculty supervision. This course may require off-campus travel. Repeatable up to 6 hours of credit.

Restriction(s): Students with a semester level of Academy Junior, Academy Senior, Freshman or Sophomore may **not** enroll.

Recent Term(s) Offered: spring 2022; summer 2022; fall 2022; spring 2023; fall 2023; spring 2024; summer 2024; fall 2024

REC 496 Nonprofit Internship 3-6 Hours (repeatable max of 6 hrs)

A cooperative field experience in an approved nonprofit setting where the student obtains pre-professional administrative and/or programming experience with agency and faculty supervision. This course requires off-campus travel. Note: 12 hours of minor coursework or instructor permission required

Recent Term(s) Offered: spring 2022; summer 2022; fall 2022; spring 2023; summer 2023; spring 2024; summer 2024; fall 2024